



*Activity Group is a play-based program that allows children to develop social skills and independence and manage separation from parents, sometimes for the first time.*

*The program is based on the strengths and interests of each child and flows on each week based on the relationships we develop with children, conversations and observations.*

*The children learn so much from attending Activity Group in the year prior to starting Kinder.*

*The children:*

- Learn how to take turns in their play.*
- Begin to understand they are part of a community of and can be valued and respected away from their normal cycle of family and friends.*
- Make choices in play and develop self-esteem and understanding of self-identity.*
- Experience active play and an appreciation for the outdoors.*
- Learn to listen to stories as a group and be involved in dramatic, music and movement experiences.*

*The children settle quickly when commencing Activity Group and soon look forward to coming to Kinder each week with their new friends and educators.*

*Rachael Heafield*

*Activity Group Coordinator*